



Rapid Fire Discipline

2024-10-14

1 Introduction

The purpose of the Rapid-Fire Discipline (RFD) is to allow shooters the opportunity to fire at a target in rapid succession with the aim of completing the discipline the quickest. It is also aimed at shooters who carry their weapons concealed daily, therefore allowing to draw from a holstered weapon.

2 Fees

The fees are R50 per shooter and apply to members only.

3 Guidelines to Range Offices

The following is a guideline to range officers facilitating the event.

1. The time allocated to the event starts at 13:00 and completes at 14:00. Below is a guideline of the schedule.
 - 13:00 – 13:15 - Arrive at A-Range and complete indemnity and setup your target.
 - 13:15 – 13:30 – Warmup/practice shoot – 10 Rounds
 - 13:30 – 13:45 - Mark practice shots on targets
 - 13:45 – 13:55 – Start with Precision Rapid Shoot – 28 Rounds
 - 13:55 – 14:00 – Scoring

4 General Rules

1. Shooters will start the discipline with target setup on the 25m distance mark and shoot from the firing pit of the range.
2. A total of fourteen shots will be fired with a mandatory magazine reload after seven shots.
3. The shooter will aim the weapon with its dominant hand at a 45-degree angle and the non-dominant hand raised on top of their head to indicate completion of the first round.
4. Once all shooters have completed the first round, a weapon safety check will be conducted by the range officer and indicate that weapons may be holstered.
5. Shooters may then reload magazines and move towards the 15m mark on range for the second round of the discipline.
6. The second round will repeat the action of the first round as described above.
7. A total time of 30 seconds will be allocated to each course of fire.

5 Scoring

1. Scoring will take place after all courses of fire have been completed and the range declared safe.
2. Shots fired into the black circle of the paper targets will carry a value of 5 points each, and shots fired into the white area of the paper target will carry a value of 3 points each.
3. The shooter who completes each round the quickest by raising their non-dominant hand onto their head, will receive 5 additional points per round.

6 Vetting

1. Shooters are vetted by the A-Range Co-Ordinators and entrance to the discipline is by invitation only.
2. Vetting will take place during a Public Session afternoon.
3. Nominees will have completed Carry Gun Sessions with an average score above 220 / 350.
4. Co-Ordinators will ensure a shooter complies with the following.
 - a. Being able to shoot their weapon from a holstered position at their own time
 - b. Shooter will never have a finger on the trigger unless ready to shoot.
 - c. Shooter will always point their weapon down range.
 - d. Shooter is competent to change magazines in a safe manner.
 - i. Ensuring the weapon is not pointed at another shooter.
 - ii. Ensuring the weapon is pointed down range whilst attempting the magazine change.
 - e. Ensure that the shooter is always in complete control of their weapon.
 - f. Ensure the shooter can safely recover from a malfunction.

7 Disqualification

1. Should a vetted shooter transgress on any of the rules stipulated above, or any of the A-Range rules as set out in the A-Range Rules Documentation, or any of the SWPC Club Rules as stipulated in the SWPC Club Rules Document, the shooter will immediately be asked to vacate the A-Range until such time that the discipline has been completed.